



A.B.C.D.

Simple Ways for a Husband to Express Love

Loving your wife can be as simple as the alphabet. To Kickstart your romantic life, complete this template to help spark ideas:

What can help your wife:

Alleviate stress? (What calms her heart? What rejuvenates her?)

What will help her feel:

Beautiful? (Helps her feel lovely in your eyes?)

Competent? (What builds or boosts her confidence and courage?)

Desired? (What warms her up for intimacy? What draws her to you in affection?)