



# Love-Wise Living

## Tackling Transitions Lesson 3: From Trials to Triumphs

### Key TRUTH:

*the LORD will watch over your coming and going both now and forevermore. (Psalm 121:8)*

\_\_\_\_\_ Technology:  
Lessons to Love Long- Distance

### Guidelines that Guard Your Love and Life

Key Question: How can I / we best:

- (1) Stay close even if miles (or countries apart)?
  
- (2) Protect and shelter our intimacy and marriage?
  
- (3) Our technology agreement (Write a paragraph with guidelines of how you will use technology to improve and invest in your relationship AND how you will set up boundaries to protect you from the dangers tech can bring)

Recommended Resources by Bill and Pam Farrel:

[10 Best Decisions a Couple Can Make](#) (Harvest House)

[Men Are Like Waffles, Women Are Like Spaghetti](#) (Harvest House) with devotional study guide

[A Couples' Journey with God](#) devotional (Harvest House)

[Media contract](#) (for tweens and teens) by Love-Wise

### Books by our friends:

Calm, Cool, and Connected: 5 Digital Habits for a More Balanced Life by Arlene Pellicane (Harvest House)

Growing Up Social by Arlene Pellicane and Dr Gary Chapman (Northfield Publishing)

The Digital Invasion: How Technology Is Shaping You and Your Relationships by Dr. Archibald D. Hart and Dr. Sylvia Hart Frejd (Baker Books)

Screens and Teens: Connecting with Our Kids in a Wireless World by Kathy Koch (author) and Jill Savage ( forward/ Moody Publishers)

For MORE ongoing encouragement, equipping, and enrichment from Pam and Bill Farrel, join their Living Love-Wise Community! Go to [www.Love-Wise.com](http://www.Love-Wise.com), click "subscribe" tab, then select which membership option you prefer and gain MORE wisdom for your life! Each option has discounts, other resources, benefits and more!

*"The one who gets wisdom loves life." (Proverbs 19:8)*